



Information About the MROCC Examination

MROCC Competency Statements, Topics on Examination and References

COLLECTIONS AND PROCEDURES

(Approximately 15% of the exam items are within this competency area)

COMPETENCY STATEMENT

Although the MRO does not routinely collect specimens, he or she must thoroughly understand collection procedures and chain of custody issues, as well as correctable and fatal flaws. Knowledge in the area of collections and procedures will enable the MRO to:

- describe and apply appropriate procedures for urine and alternative specimen collections, including unwitnessed, witnessed, split specimen and insufficient quantity collections, hair testing, saliva testing, blood testing, etc.
- describe and apply appropriate procedures for the use of custody and control forms.
- identify and address procedural errors.
- describe and apply appropriate procedures for alcohol testing.
- serve as a consultant to BATs, STTs and employers on alcohol testing procedures.

TOPICS ON EXAMINATION

- Collection procedures for urine specimens
- Observed and unobserved collections
- Custody and control forms and COC
- Split specimen procedures
- Specimen rejection
- Types of testing (applicant, periodic, random, for-cause, etc)
- Alcohol testing (BAT issues)

REFERENCES

- Swotinsky RB, Smith DR, The Medical Review Officer's Manual. Beverly Farms, MA, OEM Press, 5th ed. 2015, pages 55-89.
- Peterson KW, American College of Occupational and Environmental Medicine, Drug and Alcohol Testing Medical Review Officer Course Syllabus and Resource Manual, updated annually. Sections on collections and procedures.
- U.S. DOT Office of Drug and Alcohol Policy and Compliance, "Urine Specimen Collection Guidelines", Washington, DC. www.dot.gov/ost/dapc
- SAMHSA, "Urine Specimen Collection Handbook for Federal Workplace Drug Testing Programs". <http://www.samhsa.gov/workplace/drug-testing>

ADDITIONAL SUGGESTED REFERENCES & ON LINE RESOURCES

- Ferguson J, The Medical Review Officer Team Manual. Beverly Farms, MA, OEM Press, 2nd ed., 2013.
- Swotinsky RB, ed. MRO Update. American College of Occupational and Environmental Medicine (newsletter).
- MRO List Server (moderated by Dr. Karl Auerbach) – to subscribe, send an email to Karl.Auerbach@urmc.rochester.edu with the subject "SUBSCRIBE MRO"

- MRO Testing Q&A, an on-line discussion forum about workplace drug and alcohol testing moderated by Robert Swotinsky, <http://www.occ-doc.net/forum/index.php>
- U. S. Department of Transportation, Office of Drug and Alcohol Policy and Compliance: <http://www.dot.gov/ost/dapc>
- SAMHSA's Direct Division of Workplace Programs/CSAP link: <http://www.samhsa.gov/workplace/>
- GPO Gate – Free source of Federal Register documents: www.gpo.gov/fdsys
- Office of National Drug Control Policy www.ondcp.gov/about/index.html